

ARE YOU THE PARENT/CARER OF A HEART-CHILD?

ECHO CAN OFFER YOU SUPPORT, INFORMATION AND FRIENDSHIP...



ECHO supports the parents/carers, close family and children who are treated at the Evelina Children's Hospital, principally for Congenital Heart Defects. We provide information, friendship and moral support at all times, but particularly when you may feel alone, isolated and desperate, or when you have immediate worries and concerns and need guidance or advice. We also support and befriend heart-children themselves as they grow into their teenage years and beyond, to help them take the first steps towards independence in their lives and in their attitude towards their heart condition. Our advocacy provides vital patient voice to help Guy's & St Thomas's NHS Foundation Trust shape its services for Congenital Heart Disease.

We support families in the following ways :

- Regular, free newsletters
- Informative website with message board
- Contact database, enabling members to be put in contact with other families in their area.
- Pre-natal telephone support and regular, specialised ante-natal classes
- Regular social events including Christmas party and Summer barbecues, as well as visits to major attractions

- Information and signposting to other sources of help and support.
- ECHO Teen Club – especially for young people aged 11 – 18

JOIN TODAY – MEMBERSHIP IS FREE!

- Pick up an information leaflet and complete the application form.
- Join online: visit www.echo-evelina.org.uk
- E-mail: admin@echo-evelina.org.uk
- Call **07943 625031**

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Registered Charity No. 287475



**Evelina Children's
Heart Organisation**